

Are **you** going to **wait** until it's too **late**?



Jim at 117 kilograms
Blood pressure 155/95 – High
Unfit and unhealthy



Jim at 82 kilograms
Blood Pressure 110/70 – Perfect
Fit, healthy and happy

Call
3396 1090
NOW!

We have space for 10 new clients

You must be:

1. Willing to train at least twice weekly with us.
2. Serious about making changes. If you have the will, we will provide the way.
3. Preferably over 40 years old. Some exceptions to this rule will apply.



We will help you succeed where you have failed before. We are the longest serving Personal Training business in the Bayside.

Please visit www.revfit.com to see video describing this program

3/68 Andrew Street Wynnum